

STARTERS

- CHEESE PEROGIES** 8 ¼
Potato & cheese filled, bacon & caramelized onions
- CHICKEN QUESADILLA** 9
Valentina hot sauce, pico de gallo & feta
- HIPPIE TOAST** 8 ½
Grilled sesame molasses bread, avocado, feta & Valentina hot sauce
- ROASTED WINGS** 11 ½
Dry rubbed wings, Frank's hot sauce & lemon
- YAM FRIES** 8
Truffle lemon mayonnaise & parmesan cheese
- SZECHUAN EDAMAME** 6
Garlic chili sauce, toasted sesame & soy sauce
- FULLY LOADED NACHOS** 18 ½
HALF NACHOS 9 ¼
Pulled chicken, sour cream, avocado, Jack cheese & more
Add Guac +5
- PINCHE BEEF TACOS** 9 ¼
Three slow-cooked beef tacos, salsa, scallions & feta
- #1 GRADE TUNA POKE** 12 ½
Ahi, avocado, ginger, jalapeño, soy & tortilla chips
- FRESH TORTILLA CHIPS & SALSA ROJA** 5 ½
- HAND-MADE GUACAMOLE & CHIPS** 6 ¾

CHOWDER

- CREAMY CLAM CHOWDA** 10
Saltine crackers & fresh herbs
Add Garlic Bread +2

SALADS

- CALIFORNIA CHICKEN CAESAR** 15
Charred chicken, garlic parmesan dressing, crouton crumbs & crispy capers
- WEST COAST CHOP SALAD** 16 ¾
Grilled chicken, egg, golden beets, aged cheddar & bacon
With sushi grade ahi tuna instead +¾
- THE SUPER FREEKEH SALAD** 16 ¾
Spiced grilled chicken, ancient freekeh grains, chickpeas, aged cheddar & red wine vinaigrette

MAIN EVENT

ENTRÉE BOARDS SERVED WITH 2 SIDES

Pick Your Protein:

GRILLED 7 OZ SIRLOIN STEAK 24

BLACKENED SALMON WITH TZATZIKI & LEMON 24 ½

ROSEMARY ROCKSALT CHICKEN 23

CAROLINA BBQ RIBS 25

Choice of 2 Sides:

APPLE CELERY SLAW

WARM POTATO SALAD

FREEKEH SALAD

FRIES

CALIFORNIA CAESAR

WARM GRILLED KALE

GARLIC BREAD

STREET CORN-OFF-THE-COB

PRESS BURGERS

HAND-PRESSED PATTIES, BUTTER TOASTED BUNS, PREMIUM GROCERIES WITH FRIES.

SUB | **SALAD +1**
YAM FRIES +2
CHOWDER +3

PRESS BURGER 13 ¼
Miso mayo, mustard & premium groceries

PRESS WITH CHEDDAR 14 ¾
3 year old aged Canadian cheddar

DELUXE BURGER 16 ¾
Smoked bacon & aged cheddar the classic way

THE LOCAL BURGER 15 ¼
Cheddar, Jack cheese, hot sauce, pickled jalapeños & onions

BROOKLYN BURGER 16
Aged cheddar, red pepper relish & beer battered onion rings

EXTRAS

'SHROOMS +3
GRIDDLED ONIONS N/C
EXTRA PICKLES N/C
PROTEIN STYLE N/C

THE REST

MALAYSIAN CURRY RICE BOWL 20 ½
Crispy grilled chicken, coconut curry & jalapeño

HUEVOS RANCHEROS WITH FREE RUN EGGS 13 ½
Fresh corn tortillas, cheddar & Jack cheese, black beans & salsa roja

GRILLED CHICKEN TACOS 15
Grilled chicken, chipotle aioli, pico de gallo & fries
Add a Taco +5 ½

MEXICAN FISH TACOS 15
Beer battered fish, garlic aioli, pico de gallo & fries
Add a Taco +5 ½

THAT CRISPY CHICKEN SANDWICH 15 ¼
Toasted Portuguese bun, coleslaw & house BBQ mustard sauce & fries

HOUSE-MADE ORGANIC VEGGIE BURGER 15 ¼
Brown rice, arugula, almonds, melted Swiss cheese & fries

SUB | **SALAD +1**
YAM FRIES +2
CHOWDER +3

DESSERT

CHOCOLATE POT 8
Salted caramel sauce & whipped cream

GINGER SNAP COOKIE **BUCK A POP**

BRUNCH

Available Sat, Sun & Holidays - 10am-3pm

WE SERVE FREE RUN EGGS

BREAKFAST SANDWICH 13 ½
House-made sausage patty, fried egg, American cheese, avocado & alfalfa sprouts | **Add Bacon +3**

BRAISED BEEF & BACON HASH 13 ½
Fried egg, braised beef, red skin potatoes, bacon, caramelized onions & Mama Lil's Peppers | **Add an Extra Egg +2**

EGGS BENEDICT 13 ½
Poached eggs, back bacon & hollandaise

HUEVOS RANCHEROS WITH EGGS 13 ½
Fresh corn tortillas, cheddar & Jack cheese, black beans & salsa roja

HIPPIE TOAST WITH EGGS 13 ½
Poached eggs, sesame seeded loaf, avocado & country potatoes

LOCAL [®]

DAILY DRINK SPECIALS

MAIL-IN MONDAY

POSTMARK STOUT 4 ¾

TAN LINE TUESDAY

33 ACRES OF SUNSHINE 4 ¾

WEIRD WEDNESDAY

STRANGE FELLOWS TALISMAN PALE ALE 4 ¾

TRASHY THURSDAY

PARKSIDE GRAFFITI IPA 4 ¾ • **TRASH BUCKET** 12

FINALLY FRIDAY

P49 CRAFT LAGER 4 ¾ • **OLD FASHIONED** 8 ½

SWEET, SWEET SATURDAY

P49 CRAFT LAGER 4 ¾ • **MIMOSA/PROSECCO** 7
MARGARITA OF CHAMPIONS 8

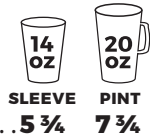
RECOVERY ROOM SUNDAY

RED RACER PILSNER 4 ¾ • **MIMOSA/PROSECCO** 7
EL CAESAR 7

WE'RE SOCIAL

  @LOCALGastown

BEER - ON TAP



PARALLEL 49 CRAFT LAGER Vancouver, BC.....	5 ¾	7 ¾
RED RACER PILSNER Surrey, BC.....	5 ¾	7 ¾
ROTATING LAGER Crispy, Freshville.....	See board	
33 ACRES OF SUNSHINE Vancouver, BC.....	5 ¾	7 ¾
ROTATING WHEAT OR TART Sassy, Refreshingtown.....	See board	
ROTATING MILD ALE Malty, Sweetland.....	See board	
STRANGE FELLOWS TALISMAN PALE ALE Vancouver, BC.....	5 ¾	7 ¾
ROTATING PALE ALE Hoppy, Freshfield.....	See board	
PARKSIDE GRAFFITI IPA Port Moody, BC.....	5 ¾	7 ¾
ROTATING IPA Hoppy, Fullville.....	See board	
POSTMARK STOUT Gastown, BC.....	5 ¾	7 ¾
BRODY'S PICK Summerland, BC.....	See board	

BEER - RARE TALL CANS

TWIN SAILS Port Moody, BC.....	MP
SUPERFLUX Vancouver, BC (♥ Matt).....	MP
BOOMBOX Vancouver, BC.....	MP

SHOT COMBOS

SHOTGUN BLAST Can of PBR + 1oz Jack Daniels.....	9
DEER & BEER Can of Old Style Pilsner + 1oz Jagermeister.....	9
LUCKY IRISH #&*K Can of Lucky Lager + 1oz Jameson.....	9

BEER - OFF TAP

Bottles and Cans

BUD LIGHT (355ml).....	5 ½
BUDWEISER (355ml).....	5 ½
KOKANEE (355ml).....	5 ½
CORONA (330ml).....	6 ¼
STELLA ARTOIS (330ml).....	6 ¼
STEAM WHISTLE (341ml).....	6 ¼
GLUTENBERG PALE ALE (473ml).....	8

Dad Beers

LUCKY LAGER (355ml).....	4 ½
PABST BLUE RIBBON (355ml).....	4 ½
OLD STYLE PILSNER (355ml).....	4 ½
TRASH BUCKET (3 x 355ml).....	13 ½

Not Beer

HEY Y'ALL ICED TEA (355ml).....	6
LONETREE CIDER (355ml).....	6 ½
LEFT FIELD CIDER (500ml).....	12

COCKTAILS

EL CAESAR (2oz).....	9 ¼
Vodka, spicy Clamato, pepperoni snack	
LUCKY SOUR (2oz).....	9
Bourbon, lemon, guava, organic cane syrup	
MOSCOW MULE (1oz).....	6 ½
Vodka, Fever Tree ginger beer, copper free	
OLD FASHIONED (2oz).....	9 ½
Bourbon, cane sugar, bitters	
GARDEN SODA (1oz).....	6
Health, happiness, & vodka	
BASIC BEACH (1oz).....	6
Literally, tequila, pineapple & jalapeño	
PALOMA FRESCA (1oz).....	6 ½
Tequila, fresh squeezed grapefruit	
SPANISH SANGRIA (5oz).....	7 ½
Red wine, fruit, sexy accent	
MARGARITA OF CHAMPIONS (2oz).....	9 ¾
Tequila, lime juice, fresh squeezed OJ	
CHEAPSKATE (4oz).....	6
Vino, rose lemonade	

WINE

MYSTERY GLASS OF WINE	5
Red or White	

White

	<i>6oz</i>	<i>Bottle</i>
The Hatch 'B Yanco' Pinot Blanc, BC.....	9	36
Synchromesh Riesling, BC.....	10 ½	42
Seven Terraces Sauvignon Blanc, NZ.....	11	44
Wente 'Morning Fog' Chardonnay, Cal.....	12 ½	50
Burrowing Owl Pinot Gris, BC.....		48
Tantalus 'Juveniles' Chardonnay, BC.....		50
Greywacke Sauvignon Blanc, NZ.....		58
La Crema Chardonnay, Cal.....		62
Cakebread Chardonnay, Cal.....		85

Rosé

Lopez de Haro Rosado, Sp.....	10	40
Saint Sidoine Cotes de Provence, Fr.....		49

Red

El Petit Bonhomme Red Blend, Sp.....	9 ½	37
Alamos Malbec, Arg.....	10	40
The Hatch 'Ross O' Pinot Noir Blend, BC.....	11	44
Louis Martini Cabernet Sauvignon, Cal.....	12	48

Cedar Creek Merlot, BC.....		36
Nichol Nine Mile Red, BC.....		44
Catena Malbec, Argentina.....		55
Schug 'Carneros' Pinot Noir, Cal.....		66
Beringer 'Knights Valley' Cabernet Sauvignon, Cal.....		79
The Prisoner Napa Valley Red, Cal.....		89

Bubbles

Zonin Prosecco, It.....		40
Blue Mountain Brut, BC.....		58
Moët & Chandon Champagne, Fr.....		110



LOCAL[®]
PUBLIC EATERY

**YOU
ARE
HERE**

