

## STARTERS

**LOCAL FRIED CHICKEN (LFC)** .....13  
Southern-style crispy chicken with hot honey & pickle slices

**NACHOS** ..... 18 ½  
House-made tortilla chips, spiced beef, melted cheese - two ways, pico de gallo, jalapeños & pickled onion with a sour cream x yogurt drizzle | **Add Guac +5 ¼**

**PINCHE BEEF TACOS** ..... 9 ¾  
Three slow-cooked beef tacos, shredded cabbage, feta & cilantro

**#1 GRADE TUNA POKE** ..... 13  
Ahi, avocado, yuzu, jalapeño, soy & tortilla chips

**CHEESE PEROGIES** ..... 8 ¾  
Potato & cheddar cheese filled, bacon & caramelized onions

**SZECHUAN EDAMAME** ..... 7  
Garlic chili sauce, toasted sesame & soy sauce

**HOT WINGS** ..... 13  
With blue cheese dip | **Add Celery +1**

**YAM FRIES** ..... 8 ½  
With truffle lemon mayo

**FRESH TORTILLA CHIPS & SALSA ROJA** ..... 6 ¾

**HAND-MADE GUACAMOLE & CHIPS** ..... 7 ¾

## SOUP

**TOMATO BASIL SOUP** ..... 7 ½  
Pesto, sourdough crumble | **Add Garlic Bread +2**

## NOT JUST SALADS

**SUPERPOWERS BOWL** ..... 16 ¼  
Turmeric grains, grilled avocado, charred kale with almonds & tomato braised chickpeas | **Add Grilled Chicken +5**

**#1 AHI TUNA POKE RICE BOWL** ..... 19  
Roasted garlic ginger soy, crispy Korean tofu, avocado, kale & smashed cucumbers on rice

**WEST COAST CHOP SALAD** ..... 17 ½  
Grilled chicken, egg, golden beets, aged cheddar & bacon  
**With Sushi Grade Ahi Tuna Instead +¾**

**TIJUANA CAESAR SALAD** ..... 16 ¼  
Grilled chicken, avocado, parmesan & grilled jalapeño caesar dressing

## PRESS BURGERS

**HAND-PRESSED PATTIES, BUTTER TOASTED BUNS, PREMIUM GROCERIES WITH FRIES.**

**SUB FRIES | SALAD +1 YAM FRIES OR SOUP +2**

**JUST THE BURGER** ..... 12  
All the grilled goodness of The LOCAL Burger, hold the fries

**THE LOCAL BURGER** ..... 15 ¾  
Two grilled patties, melted American cheese, caramelized onions, tomato, shredded lettuce & sexy sauce

**DELUXE BURGER** ..... 17 ¾  
Smoked bacon & aged cheddar the classic way

**THE DIABLO** ..... 16 ¾  
Cheddar, jack cheese, hot sauce, pickled jalapeños & onions

**BROOKLYN BURGER** ..... 17 ¾  
Aged cheddar, red pepper relish & crispy onion rings

### ADD A LIL' EXTRA

+2 **AGED CHEDDAR**

+3 **BACON / 'SHROOMS**

N/C **GRIDDLED ONIONS / EXTRA PICKLES / PROTEIN STYLE**

## SANDWICHES & HANDHELDS

**BLACKENED TUNA CLUB** ..... 17 ¾  
Blackened Ahi, smoked bacon, arugula & pickled ginger tartar sauce on a toasted Portuguese bun with fries

**THE REUBEN** ..... 17 ½  
A classic Reuben with mustard, a crunchy slaw twist, pickle spear & fries

**MEXICAN FISH TACOS** ..... 15 ¾  
Beer battered fish, garlic aioli & pico de gallo with fries  
**Add a Taco +5 ¾**

**THAT CRISPY CHICKEN SANDWICH** ..... 16 ¾  
Toasted Portuguese bun, coleslaw & house BBQ mustard sauce with fries

**HOUSE-MADE VEGGIE BURGER** ..... 15 ¾  
Brown rice, arugula, almonds & melted Swiss cheese with fries

**SUB FRIES | SALAD +1 YAM FRIES OR SOUP +2**

## MAINS

**FRIED CHICKEN RAMEN** ..... 17 ½  
Southern fried chicken, miso sesame broth, charred corn, snap peas, topped with a soft-boiled egg

**MOM'S CHICKEN POT PIE** ..... 16 ¾  
Slow-cooked chicken, dijon cream sauce, baked flaky crust

**MALAYSIAN CURRY RICE BOWL** ..... 18  
Grilled chicken, coconut curry & cilantro scallion slaw

**HUEVOS RANCHEROS** ..... 15 ¾  
Fresh corn tortillas, eggs, cheddar & Jack cheese, black beans & salsa roja

## DESSERT

**CINNAMON SUGAR DONUTS** ..... 4 ¾  
Four warm donut balls rolled in cinnamon sugar, served on hazelnut chocolate sauce

## BRUNCH

*Available Sat, Sun & Holidays - 10am-3pm*

**MIMOSA (4oz)** ..... 8 ¼  
Choose your juice - OJ, grapefruit, pineapple or guava

**START ME UP (2oz)** ..... 9 ½  
Baileys, Kahlua, vodka & coffee on ice

**ADD AN EXTRA FREE RUN EGG TO ANY ITEM +2**

**BELGIAN WAFFLE** ..... 12  
Mixed berry compote, dusted with powdered sugar & topped with vanilla whipped cream

**BREAKFAST SANDWICH** ..... 14 ¾  
Smoked bacon, fried egg, American cheese, avocado & tomato with country potatoes

**BRAISED BEEF & BACON HASH** ..... 14 ¾  
Fried egg, braised beef, red skin potatoes, bacon, caramelized onions & Mama Lil's Peppers

**EGGS BENEDICT** ..... 14 ¼  
Poached eggs, back bacon & hollandaise with country potatoes

**HUEVOS RANCHEROS** ..... 15 ¾  
Fresh corn tortillas, eggs, cheddar & jack cheese, black beans & salsa roja

**HIPPIE TOAST WITH EGGS** ..... 16  
Poached eggs & avocado on grilled sesame molasses bread with country potatoes

# LOCAL<sup>®</sup>

## DAILY DRINK SPECIALS

### MAIL-IN MONDAY

**STRANGE FELLOWS 'BLACKMAIL' STOUT SLEEVE** 5

### TAN LINE TUESDAY

**33 ACRES OF SUNSHINE SLEEVE** 5

### WEIRD WEDNESDAY

**PARKSIDE 'MOTEL' HAZY PALE ALE SLEEVE** 5 ½

### THINK AHEAD THURSDAY

**CENTRAL CITY 'BEER LEAGUE' LAGER SLEEVE** 5  
**TRASH BUCKET (3 CANS)** 12 ½

### FINALLY FRIDAY

**PARALLEL 49 CRAFT LAGER SLEEVE** 5 ½  
**OLD FASHIONED** 8 ¾

### SWEET, SWEET SATURDAY

**PARALLEL 49 CRAFT LAGER SLEEVE** 5 ½  
**MIMOSA / PROSECCO** 7 ¼  
**BAJA MARGARITA** 8 ¼

### RECOVERY ROOM SUNDAY

**CENTRAL CITY 'BEER LEAGUE' LAGER SLEEVE** 5  
**MIMOSA / PROSECCO** 7 ¼  
**EL CAESAR** 8

WE'RE SOCIAL



## BEER - ON TAP

	 SLEEVE	 PINT
<b>CENTRAL CITY 'BEER LEAGUE' LAGER</b> Surrey, BC.....	6 ¼	8 ¾
<b>PARALLEL 49 CRAFT LAGER</b> Vancouver, BC.....	6 ½	9
<b>ROTATING LAGER</b> Crispy, Freshville .....	See board	
<b>33 ACRES OF SUNSHINE</b> Vancouver, BC.....	6 ½	9
<b>ROTATING WHEAT OR TART</b> Sassy, Refreshingtown .....	See board	
<b>ROTATING MILD ALE</b> Malty, Sweetland.....	See board	
<b>PARKSIDE 'MOTEL' HAZY PALE ALE</b> Port Moody, BC .....	6 ¾	9 ¼
<b>ROTATING PALE ALE</b> Hops, Freshfield.....	See board	
<b>SUPERFLUX 'HAPPYNESS' IPA</b> Vancouver, BC.....	7 ¼	9 ¾
<b>ROTATING IPA</b> Hoppy, Fullville.....	See board	
<b>STRANGE FELLOWS 'BLACKMAIL' STOUT</b> Vancouver, BC.....	6 ½	9
<b>BRODY'S PICK</b> Summerland, BC .....	See board	

## BEER - RARE TALL CANS

<b>TWIN SAILS</b> Port Moody, BC.....	MP
<b>BOOMBOX</b> Vancouver, BC.....	MP
<b>COLLECTIVE ARTS</b> Hamilton, ON .....	MP

## NOT BEER

<b>HEY Y'ALL HARD ICED TEA</b> (355ml).....	6 ¼
<b>LONETREE CIDER</b> (330ml) .....	6 ¾
<b>LEFT FIELD CIDER</b> (500ml).....	12 ½

## BUCKET SERVICE

<b>TRASH BUCKETS</b> (3 x Dad Beers).....	13 ½
<b>CHEAP VACATION</b> (3 x Coronas).....	18 ¾

## BEER - OFF TAP

### Bottles and Cans

<b>BUD LIGHT</b> (355ml).....	5 ¾
<b>BUDWEISER</b> (355ml) .....	5 ¾
<b>KOKANEE</b> (355ml).....	5 ¾
<b>STEAM WHISTLE</b> (341ml).....	6 ½
<b>STELLA ARTOIS</b> (330ml).....	6 ½
<b>CORONA</b> (330ml).....	6 ½
<b>GLUTENBERG PALE ALE</b> (473ml - Gluten Free).....	9

### Dad Beers

<b>LUCKY LAGER</b> (355ml) .....	4 ¾
<b>PABST BLUE RIBBON</b> (355ml).....	4 ¾
<b>OLD STYLE PILSNER</b> (355ml).....	4 ¾

## SHOT COMBOS

<b>SHOTGUN BLAST</b> (Can of PBR + 1oz Jack Daniels).....	9 ¼
<b>DEER &amp; BEER</b> (Can of Old Style Pilsner + 1oz Jager).....	9 ¼
<b>LUCKY IRISH #&amp;*K</b> (Can of Lucky Lager + 1oz Jameson).....	9 ¼

## COCKTAILS

<b>GIN REFRESHER</b> (2oz) .....	10
Gin, Campari, mint, lime	
<b>GARDEN SODA</b> (2oz) <b>LO-CAL</b> .....	9 ½
Health, happiness & cucumber-basil-infused vodka	
<b>LUCKY SOUR</b> (2oz) .....	9 ¼
Bourbon, lemon, guava, organic cane syrup	
<b>EL CAESAR</b> (2oz) .....	10
Vodka, spicy Clamato, dressed up with a snack	
<b>OLD FASHIONED</b> (2oz) .....	10 ½
Bourbon, organic cane syrup, bitters	
<b>BAJA MARGARITA</b> (2oz) .....	10 ¼
Tequila, fresh lime & organic cane syrup shaken with a salt rim	
<b>CHEAPSKATE SPRITZ</b> (4oz).....	6 ¼
Vino, bubbly water, berries	
<b>PALOMA FRESCA</b> (1oz).....	6 ¾
Tequila, grapefruit, refresco, lime	
<b>SPANISH SANGRIA</b> (4oz).....	7 ¾
Red wine, fruit, sexy accent	
<b>MOSCOW MULE</b> (1oz).....	6 ¾
Vodka, Fever Tree ginger beer, copper-free	
<b>START ME UP</b> (2oz).....	9 ½
Baileys, Kahlua, vodka & coffee on ice	

## WINE

### White

	6oz	Bottle
Synchromesh <b>Riesling</b> , BC .....	11	44
The Hatch 'B Yanco' <b>Pinot Blanc</b> , BC .....	9 ¼	37
Seven Terraces <b>Sauvignon Blanc</b> , NZ.....	11 ½	46
Wente 'Morning Fog' <b>Chardonnay</b> , Cal .....	13	52
The No. 5 Rotating <b>White</b> .....	MP	MP

La Chablisienne <b>Chablis</b> , Fr .....	74
Tantalus 'Juveniles' <b>Chardonnay</b> , BC.....	52
Greywacke <b>Sauvignon Blanc</b> , NZ.....	59
Burrowing Owl <b>Pinot Gris</b> , BC.....	50
La Crema <b>Chardonnay</b> , Cal.....	65
Cakebread <b>Chardonnay</b> , Cal .....	96

### Rosé

Olivares <b>Rosado</b> , Sp .....	10 ½	42
Saint Sidoine <b>Cotes de Provence Rosé</b> , Fr.....	51	

### Red

The Hatch 'Ross O' <b>Pinot Noir+</b> , BC .....	11 ½	46
Cedar Creek <b>Merlot</b> , BC .....	9 ½	38
Alamos <b>Malbec</b> , Ar .....	10 ½	42
Louis Martini <b>Cabernet Sauvignon</b> , Cal.....	13	52
The No. 5 Rotating <b>Red</b> .....	MP	MP

Schug 'Carneros' <b>Pinot Noir</b> , Cal.....	75
Nichol Nine Mile <b>Pinot Noir+</b> , BC .....	46
Gabbiano <b>Chianti Classico</b> , It .....	49
Catena <b>Malbec</b> , Ar .....	57
Beringer 'Knights Valley' <b>Cabernet Sauvignon</b> , Cal.....	82
The Prisoner Napa Valley <b>Zinfandel+</b> , Cal.....	93

### Bubbles

Freixenet <b>Cava</b> , Sp (200ml).....	12
Zonin <b>Prosecco</b> , It.....	42
Blue Mountain <b>Brut</b> , BC .....	60
Moët & Chandon Brut <b>Champagne</b> , Fr .....	115

### Mystery Glass of Wine

Red or White.....	5 ¾
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